

# COURSE DETAIL

## IDEAS AND PRACTICES OF HEALING IN TRADITIONAL CHINA

**Country**

Hong Kong

**Host Institution**

University of Hong Kong

**Program(s)**

University of Hong Kong

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Asian Studies

**UCEAP Course Number**

19

**UCEAP Course Suffix****UCEAP Official Title**

IDEAS AND PRACTICES OF HEALING IN TRADITIONAL CHINA

**UCEAP Transcript Title**

HEALING/TRAD CHINA

**UCEAP Quarter Units**

5.00

**UCEAP Semester Units**

3.30

## Course Description

This course introduces ideas and practices of healing in traditional China through a critical exploration of Chinese medical culture in its dynamic formation and transformation. The course seeks to enhance interest in Chinese civilization from intellectually challenging angles and enrich knowledge of key ideas and methods of healing in medical sciences, philosophy, religion, and literature. It also fosters cross-cultural inquiry by contrasting or connecting Chinese with Western medical cultures. In light of influential holistic theories in traditional Chinese medicine, such as Yin-Yang and five elements, the correlation between man and nature, Qi (vital energy) and the common origins of herbs and food, a number of key concepts in Chinese medical culture are explained. Case examples include prevention and methods for treating disease in Chinese medicine, including cancer, stroke, dementia, and depression.

## Language(s) of Instruction

English

## Host Institution Course Number

CCCH9029

## Host Institution Course Title

IDEAS AND PRACTICES OF HEALING IN TRADITIONAL CHINA

## Host Institution Course Details

## Host Institution Campus

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Common Core: China

## Course Last Reviewed

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