

# COURSE DETAIL

## SELECTED TOPICS IN SOCIAL PSYCHOLOGY: SOFT SKILLS

**Country**

Czech Republic

**Host Institution**

Charles University

**Program(s)**

Central European Studies

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Sociology Psychology

**UCEAP Course Number**

152

**UCEAP Course Suffix****UCEAP Official Title**

SELECTED TOPICS IN SOCIAL PSYCHOLOGY: SOFT SKILLS

**UCEAP Transcript Title**

SOFT SKILLS

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## **Course Description**

Soft-Skills have a great impact on our success and satisfaction in life. The concept of soft-skills consists both of inter-personal and intra-personal aspects. This course presents a well-balanced and practical view of the soft skills world. Self-experience is one of the most important outcomes of this course and therefore active learning methods are used in every class. The following topics are covered: social perception, stereotyping, and prejudices; effective communication principles; coaching; self-management; presentation skills; assertiveness and manipulation recognition; resolving conflicts; teamwork and group problem solving; stress management; authenticity and values; and creativity.

## **Language(s) of Instruction**

English

## **Host Institution Course Number**

CUFA PSY 355

## **Host Institution Course Title**

SELECTED TOPICS IN SOCIAL PSYCHOLOGY: SOFT SKILLS

## **Host Institution Campus**

ARTS

## **Host Institution Faculty**

## **Host Institution Degree**

## **Host Institution Department**

East and Central European Studies

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