COURSE DETAIL

CHALLENGES IN WORK, HEALTH, AND WELL-BEING: AN INTERDISCIPLINARY APPROACH

Country
Netherlands

Host Institution
Utrecht University

Program(s)
Utrecht University

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Sociology Psychology Health Sciences

UCEAP Course Number
130

UCEAP Course Suffix

UCEAP Official Title
CHALLENGES IN WORK, HEALTH, AND WELL-BEING: AN INTERDISCIPLINARY APPROACH

UCEAP Transcript Title
WORK HLTH&WELLBEING

UCEAP Quarter Units
6.00

UCEAP Semester Units
4.00

Course Description
Social protection from work related sickness and disability is the main driving force in the development of the welfare states in Europe. This course focuses on three basic characteristics: work, health, and well-being. From an interdisciplinary and international comparative perspective, the course covers the historical developments in different European welfare states and their different approaches in the protection from work related sickness and disability. The focus is on the organizational perspective: how do companies (employers and employees) organize the complicated process of work related absence. The focus lies on the shift in Human Resource Management from protection to prevention, from sickness to health, from disability to well-being. The first week offers a basic historical overview of the differences and developments in legislation regarding work related diseases and disability in different European countries. The next six weeks are devoted to the three core concepts: work, health, and well-being. First, the meaning of work, the main changes in the nature and content of work, and its relation to health and work related diseases over time (e.g. burn-out) are covered. Then, insights into social and psychological processes of the interaction between employer and employee in health and work related absence and what practices are offered by companies (e.g. reintegration programs) are discussed. Lastly, the focus is on the prevention perspective of sustainable employability: how do employers and employees safeguard sustainable employability and well-being, with a focus on endangered groups such as flex-workers and elderly workers. In the final week students present findings of the selected European countries. The analysis is supported by the elaboration of cases and actual discussions in the field. Furthermore, three movies/documentaries are shown and discussed to illustrate the social importance and the implications of the interrelationship between work, health, and well-being.

Language(s) of Instruction
English

Host Institution Course Number

201800084

Host Institution Course Title
CHALLENGES IN WORK, HEALTH, AND WELL-BEING: AN INTERDISCIPLINARY APPROACH

Host Institution Course Details

Host Institution Campus
Social and Behavioural Sciences

Host Institution Faculty

Host Institution Degree

Host Institution Department
Interdisciplinary Social Sciences

Course Last Reviewed

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