

# COURSE DETAIL

## SLEEP AND CIRCADIAN TIMING 4H

**Country**

United Kingdom - Scotland

**Host Institution**

University of Glasgow

**Program(s)**

University of Glasgow

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

166

**UCEAP Course Suffix****UCEAP Official Title**

SLEEP AND CIRCADIAN TIMING 4H

**UCEAP Transcript Title**

SLEEP&CIRCADN TIMNG

**UCEAP Quarter Units**

4.00

**UCEAP Semester Units**

2.70

**Course Description**

This course examines the biological, psychological, and social impacts of disruption of sleep and circadian timing focusing on mechanism of action and treatment.

**Language(s) of Instruction**

English

**Host Institution Course Number**

PSYCH4040

**Host Institution Course Title**

SLEEP AND CIRCADIAN TIMING 4H

**Host Institution Course Details**

<http://www.gla.ac.uk/coursecatalogue/course/?code=PSYCH4040>

**Host Institution Campus****Host Institution Faculty**

School of Psychology and Neuroscience

**Host Institution Degree****Host Institution Department****Course Last Reviewed**

2024-2025

[Print](#)