# **COURSE DETAIL**

### **SLEEP AND CIRCADIAN TIMING 4H**

## **Country**

United Kingdom - Scotland

#### **Host Institution**

University of Glasgow

## Program(s)

University of Glasgow

#### **UCEAP Course Level**

**Upper Division** 

## **UCEAP Subject Area(s)**

Psychology

### **UCEAP Course Number**

159

### **UCEAP Course Suffix**

#### **UCEAP Official Title**

SLEEP AND CIRCADIAN TIMING 4H

## **UCEAP Transcript Title**

SLEEP&CIRCADN TIMNG

# **UCEAP Quarter Units**

4.00

#### **UCEAP Semester Units**

2.70

## **Course Description**

This course examines the biological, psychological, and social impacts of disruption of sleep and circadian timing focusing on mechanism of action and treatment.

# Language(s) of Instruction

English

### **Host Institution Course Number**

PSYCH4040

### **Host Institution Course Title**

SLEEP AND CIRCADIAN TIMING 4H

## **Host Institution Campus**

## **Host Institution Faculty**

School of Psychology and Neuroscience

# **Host Institution Degree**

# **Host Institution Department**

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