

# COURSE DETAIL

## PSYCHOTHERAPIES AND COUNSELLING

**Country**

Australia

**Host Institution**

University of Queensland

**Program(s)**

University of Queensland

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

182

**UCEAP Course Suffix****UCEAP Official Title**

PSYCHOTHERAPIES AND COUNSELLING

**UCEAP Transcript Title**

PSYCHTHERPY & COUNS

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## **Course Description**

This course examines the major psychotherapies that have been developed including Psychodynamic Therapy, Cognitive Behavior Therapy, Person-Centred Therapy, Acceptance & Commitment Therapy, Positive Psychology and mindfulness. Issues related to conducting ethical, culturally sensitive and productive therapy with clients are also discussed.

### **Language(s) of Instruction**

English

### **Host Institution Course Number**

PSYC3082

### **Host Institution Course Title**

PSYCHOTHERAPIES AND COUNSELLING

### **Host Institution Course Details**

[https://course-profiles.uq.edu.au/student\\_section\\_loader/print/121794?print\\_sec...](https://course-profiles.uq.edu.au/student_section_loader/print/121794?print_sec...)

### **Host Institution Campus**

Queensland

### **Host Institution Faculty**

### **Host Institution Degree**

### **Host Institution Department**

Psychology

### **Course Last Reviewed**

2022-2023

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