COURSE DETAIL

PSYCHOTHERAPIES AND COUNSELLING

Country

Australia

Host Institution

University of Queensland

Program(s)

University of Queensland

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

182

UCEAP Course Suffix

UCEAP Official Title

PSYCHOTHERAPIES AND COUNSELLING

UCEAP Transcript Title

PSYCHTHERPY & COUNS

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course examines the major psychotherapies that have been developed including Psychodynamic Therapy, Cognitive Behavior Therapy, Person-Centred Therapy, Acceptance & Commitment Therapy, Positive Psychology and mindfulness. Issues related to conducting ethical, culturally sensitive and productive therapy with clients are also discussed.

Language(s) of Instruction

English

Host Institution Course Number

PSYC3082

Host Institution Course Title

PSYCHOTHERAPIES AND COUNSELLING

Host Institution Campus

Queensland

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

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