COURSE DETAIL

EDUCATION AS LIFE DESIGN: BODY-MIND-EMOTION AND WELL-BEING
Country Italy
Host Institution University of Bologna
Program(s) University of Bologna
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Education
UCEAP Course Number 140
UCEAP Course Suffix
UCEAP Official Title EDUCATION AS LIFE DESIGN: BODY-MIND-EMOTION AND WELL-BEING
UCEAP Transcript Title EDU AS LIFE DESIGN
UCEAP Quarter Units 4.00
UCEAP Semester Units

2.70

Course Description

This course aims to enhance students’ ecological and holistic understanding of education, in close consideration for the aesthetic experience. The course discusses topics including: the theoretical framework and the main operational directions of the Holistic approach applied to pedagogy and educational practice; the concepts of well-being, in its complex relationship with health and personal growth; the design of educational and training processes responsive to physical, personal, social, emotional, and spiritual needs; strategies and tools for generating self-reflection, expressiveness, communication, and cooperation skills; how to make use of the tried learning methods and of the acquired analysis tools for the development of students’ personal and professional growth; and giving value to artistic and non-verbal expressive languages.

Language(s) of Instruction
English

Host Institution Course Number
94420

Host Institution Course Title
EDUCATION AS LIFE DESIGN: BODY-MIND-EMOTION AND WELL-BEING

Host Institution Course Details
https://www.unibo.it/en/teaching/course-unit-catalogue/course-unit/2022/461010

Host Institution Campus
BOLOGNA

Host Institution Faculty

Host Institution Degree

L in EDUCATOR IN CHILDHOOD SOCIAL SERVICES

Host Institution Department
Education Studies

Course Last Reviewed
2022-2023

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