

COURSE DETAIL

EDUCATION AS LIFE DESIGN: BODY-MIND-EMOTION AND WELL-BEING

Country

Italy

Host Institution

University of Bologna

Program(s)

University of Bologna

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Education

UCEAP Course Number

140

UCEAP Course Suffix**UCEAP Official Title**

EDUCATION AS LIFE DESIGN: BODY-MIND-EMOTION AND WELL-BEING

UCEAP Transcript Title

EDU AS LIFE DESIGN

UCEAP Quarter Units

4.00

UCEAP Semester Units

2.70

Course Description

This course aims to enhance students' ecological and holistic understanding of education, in close consideration for the aesthetic experience. The course discusses topics including: the theoretical framework and the main operational directions of the Holistic approach applied to pedagogy and educational practice; the concepts of well-being, in its complex relationship with health and personal growth; the design of educational and training processes responsive to physical, personal, social, emotional, and spiritual needs; strategies and tools for generating self-reflection, expressiveness, communication, and cooperation skills; how to make use of the tried learning methods and of the acquired analysis tools for the development of students' personal and professional growth; and giving value to artistic and non-verbal expressive languages.

Language(s) of Instruction

English

Host Institution Course Number

94420

Host Institution Course Title

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Host Institution Course Details

<https://www.unibo.it/en/teaching/course-unit-catalogue/course-unit/2022/461010>

Host Institution Campus

BOLOGNA

Host Institution Faculty

Host Institution Degree

L in EDUCATOR IN CHILDHOOD SOCIAL SERVICES

Host Institution Department

Education Studies

Course Last Reviewed

2022-2023

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