

## COURSE DETAIL

### DIGITAL MENTAL HEALTH CARE FOR PREVENTION AND REHABILITATION

**Country**

Germany

**Host Institution**

Free University of Berlin

**Program(s)**

Free University Berlin

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

105

**UCEAP Course Suffix****UCEAP Official Title**

DIGITAL MENTAL HEALTH CARE FOR PREVENTION AND REHABILITATION

**UCEAP Transcript Title**

DIGITAL MENTAL HLTH

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

### **Course Description**

The seminar covers topics such as evaluation procedures, benefit assessments, adherence, and data protection and information security of digital health applications. As part of a project, students investigate selected digital health applications for different indication areas (such as alcohol consumption, insomnia, diabetes, fatigue, stress) and discuss the opportunities and risks of digital health applications for prevention and rehabilitation.

### **Language(s) of Instruction**

German

### **Host Institution Course Number**

125271

### **Host Institution Course Title**

DIGITAL MENTAL HEALTH CARE FOR PREVENTION AND REHABILITATION

### **Host Institution Campus**

Free University of Berlin

### **Host Institution Faculty**

### **Host Institution Degree**

### **Host Institution Department**

Psychologie

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