COURSE DETAIL

CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

Country
Japan

Host Institution
Keio University

Program(s)
Keio University

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Physical Education Asian Studies

UCEAP Course Number
109

UCEAP Course Suffix

UCEAP Official Title
CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

UCEAP Transcript Title
CULTURE OF SPORTS

UCEAP Quarter Units
3.00

UCEAP Semester Units
2.00

Course Description

This course is designed for both international and Japanese students who are interested in the cultures of sports, health, and longevity in Japan and other countries. The goal of this course is for students to learn how to participate in and enjoy sports as a way of becoming healthy and increasing longevity in their own lives.

The course will be taught not as a series of lectures but through student presentations and peer-review based evaluations and suggestions.

Language(s) of Instruction
English

Host Institution Course Number
N/A

Host Institution Course Title
THE CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

Host Institution Course Details
https://gslbs.keio.jp/pub-syllabus/detail?ttblyr=2023&entno=77884&lang=en

Host Institution Campus
Keio University

Host Institution Faculty

Host Institution Degree

Host Institution Department
International Center

Course Last Reviewed
2022-2023

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