

# COURSE DETAIL

## CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

**Country**

Japan

**Host Institution**

Keio University

**Program(s)**

Keio University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Physical Education Asian Studies

**UCEAP Course Number**

109

**UCEAP Course Suffix****UCEAP Official Title**

CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

**UCEAP Transcript Title**

CULTURE OF SPORTS

**UCEAP Quarter Units**

3.00

**UCEAP Semester Units**

2.00

**Course Description**

This course is designed for both international and Japanese students who are interested in the cultures of sports, health, and longevity in Japan and other countries. The goal of this course is for students to learn how to participate in and enjoy sports as a way of becoming healthy and increasing longevity in their own lives.

The course will be taught not as a series of lectures but through student presentations and peer-review based evaluations and suggestions.

**Language(s) of Instruction**

English

**Host Institution Course Number**

N/A

**Host Institution Course Title**

THE CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

**Host Institution Course Details**

<https://gslbs.keio.jp/pub-syllabus/detail?ttblyr=2023&entno=77884&lang=en>

**Host Institution Campus**

Keio University

**Host Institution Faculty****Host Institution Degree****Host Institution Department**

International Center

**Course Last Reviewed**

2022-2023

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