

COURSE DETAIL

CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

Country

Japan

Host Institution

Keio University

Program(s)

Keio University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Physical Education Asian Studies

UCEAP Course Number

109

UCEAP Course Suffix**UCEAP Official Title**

CULTURE OF SPORTS, HEALTH, AND LONGEVITY IN JAPAN AND OTHER COUNTRIES

UCEAP Transcript Title

CULTURE OF SPORTS

UCEAP Quarter Units

3.00

UCEAP Semester Units

2.00

Course Description

This course is designed for both international and Japanese students who are interested in the cultures of sports, health, and longevity in Japan and other countries. The goal of this course is for students to learn how to participate in and enjoy sports as a way of becoming healthy and increasing longevity in their own lives.

The course will be taught not as a series of lectures but through student presentations and peer-review based evaluations and suggestions.

Language(s) of Instruction

English

Host Institution Course Number

N/A

Host Institution Course Title

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Host Institution Campus

Keio University

Host Institution Faculty**Host Institution Degree****Host Institution Department**

International Center

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