COURSE DETAIL

SELF DEVELOPMENT AND MANAGEMENT
Country Thailand
Host Institution Thammasat University
Program(s) Thammasat University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Sociology Communication
UCEAP Course Number 35
UCEAP Course Suffix
UCEAP Official Title SELF DEVELOPMENT AND MANAGEMENT
UCEAP Transcript Title SELF DEVELPMNT&MGMT
UCEAP Quarter Units 5.00
UCEAP Semester Units 3.30

Course Description

This course covers the principles for developing intellectual, emotional, and social skills to achieve their goals and live a meaningful life. It analyzes different self-development philosophies and provides opportunities for self-reflection. The course helps students identify their personal and professional goals and provides tools to achieve those goals. It also focuses on improving public speaking skills.

Language(s) of Instruction
English

Host Institution Course Number
TU 108

Host Institution Course Title
SELF DEVELOPMENT AND MANAGEMENT

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Social Policy and Development

Course Last Reviewed
2023-2024

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