

COURSE DETAIL

SELF DEVELOPMENT AND MANAGEMENT

Country

Thailand

Host Institution

Thammasat University

Program(s)

Thammasat University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Sociology Communication

UCEAP Course Number

35

UCEAP Course Suffix**UCEAP Official Title**

SELF DEVELOPMENT AND MANAGEMENT

UCEAP Transcript Title

SELF DEVELPMNT&MGMT

UCEAP Quarter Units

5.00

UCEAP Semester Units

3.30

Course Description

This course covers the principles for developing intellectual, emotional, and social skills to achieve their goals and live a meaningful life. It analyzes different self-development philosophies and provides opportunities for self-reflection. The course helps students identify their personal and professional goals and provides tools to achieve those goals. It also focuses on improving public speaking skills.

Language(s) of Instruction

English

Host Institution Course Number

TU 108

Host Institution Course Title

SELF DEVELOPMENT AND MANAGEMENT

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Social Policy and Development

Course Last Reviewed

2023-2024

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