COURSE DETAIL

MUSIC AND HEALTH
Country Australia
Host Institution University of Melbourne
Program(s) University of Melbourne
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Music
UCEAP Course Number 129
UCEAP Course Suffix
UCEAP Official Title MUSIC AND HEALTH
UCEAP Transcript Title MUSIC AND HEALTH
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description
This course explores the ways music can be used to promote physical health and healthy behaviors for a range of people, including musicians. Topics covered include music for expression, relaxation, anxiety reduction, and communication. Students engage in experiential activities underpinned by theoretical knowledge. They also contribute to weekly web-based discussion that furthers understanding of topics covered in the course.

Language(s) of Instruction
English

Host Institution Course Number
MUSI20150

Host Institution Course Title
MUSIC AND HEALTH

Host Institution Course Details
https://handbook.unimelb.edu.au/view/2016/MUSI20150

Host Institution Campus
Melbourne

Host Institution Faculty

Host Institution Degree

Host Institution Department
Music

Course Last Reviewed
2023-2024

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