

COURSE DETAIL

RHYTHMIC GYMNASTICS I

Country

China

Host Institution

Fudan University

Program(s)

Fudan University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Physical Activities

UCEAP Course Number

54

UCEAP Course Suffix**UCEAP Official Title**

RHYTHMIC GYMNASTICS I

UCEAP Transcript Title

RHYTHMIC GYMNASTICS

UCEAP Quarter Units

0.50

UCEAP Semester Units

0.30

Course Description

(A) Through the basic skills of rhythmic gymnastics teaching, cultivate students' good body posture and movement sense of rhythm, rhythm, beauty and expression.

(2) Develop students' flexibility, agility, jumping and other special physical qualities, improve students' balance and coordination ability, strengthen strength and endurance training, and develop their physical qualities in an all-round way.

(3) Through the teaching of rhythmic gymnastics, students can establish a correct aesthetic view, improve their musical quality and viewing ability, and cultivate elegant sentiments.

(4) Health education should be carried out in teaching, and rhythmic gymnastics should be closely linked with health and lifelong physical education.

Language(s) of Instruction

Chinese

Host Institution Course Number

PEDU110154

Host Institution Course Title

RHYTHMIC GYMNASTICS I

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Physical Education

Course Last Reviewed

2023-2024

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