COURSE DETAIL

RHYTHMIC GYMNASTICS I
Country China
Host Institution Fudan University
Program(s) Fudan University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Physical Activities
UCEAP Course Number 54
UCEAP Course Suffix
UCEAP Official Title RHYTHMIC GYMNASTICS I
UCEAP Transcript Title RHYTHMIC GYMNASTICS
UCEAP Quarter Units 0.50
UCEAP Semester Units 0.30

Course Description

(A) Through the basic skills of rhythmic gymnastics teaching, cultivate students' good body posture and movement sense of rhythm, rhythm, beauty and expression.

(2) Develop students' flexibility, agility, jumping and other special physical qualities, improve students' balance and coordination ability, strengthen strength and endurance training, and develop their physical qualities in an all-round way.

(3) Through the teaching of rhythmic gymnastics, students can establish a correct aesthetic view, improve their musical quality and viewing ability, and cultivate elegant sentiments.

(4) Health education should be carried out in teaching, and rhythmic gymnastics should be closely linked with health and lifelong physical education.

Language(s) of Instruction
Chinese

Host Institution Course Number
PEDU110154

Host Institution Course Title
RHYTHMIC GYMNASTICS I

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Physical Education

Course Last Reviewed
2023-2024

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