

COURSE DETAIL

MENTAL HEALTH

Country

Japan

Host Institution

International Christian University

Program(s)

International Christian University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

127

UCEAP Course Suffix**UCEAP Official Title**

MENTAL HEALTH

UCEAP Transcript Title

MENTAL HEALTH

UCEAP Quarter Units

4.00

UCEAP Semester Units

2.70

Course Description

This course covers foundational bio-psycho-social theories of adjustment process and reaction patterns to stressors, with a focus on mental health outcomes. It discusses methods of preventing mental disorders and promoting mental health in individual, group and community settings while emphasizing cultural, spiritual, and local perspectives.

Prerequisite: Introduction to Contemporary Psychology.

Language(s) of Instruction

English

Host Institution Course Number

PSY273E

Host Institution Course Title

MENTAL HEALTH

Host Institution Campus

International Christian University

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

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