

COURSE DETAIL

SPORTS: FOR YOU AND HONG KONG

Country

Hong Kong

Host Institution

University of Hong Kong

Program(s)

University of Hong Kong

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Sociology Health Sciences Asian Studies

UCEAP Course Number

54

UCEAP Course Suffix**UCEAP Official Title**

SPORTS: FOR YOU AND HONG KONG

UCEAP Transcript Title

SPORTS: HONG KONG

UCEAP Quarter Units

5.00

UCEAP Semester Units

3.30

Course Description

This course examines sports in Hong Kong from personal development to the impact on society. It will first introduce different areas of sports, including medicine, the technologies involved in increasing and maintaining performance, and an overview of sports in Hong Kong. Following this, local elite athletes will share their experience in professional training and international events so that students can better understand strategies about how to tackle difficulties to reach the top of a profession and apply these principles to their own experience.

Language(s) of Instruction

English

Host Institution Course Number

CCST9062

Host Institution Course Title

SPORTS: FOR YOU AND HONG KONG

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed

2023-2024

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