COURSE DETAIL

SPORTS: FOR YOU AND HONG KONG
Country Hong Kong
Host Institution University of Hong Kong
Program(s) University of Hong Kong
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Sociology Health Sciences Asian Studies
UCEAP Course Number 54
UCEAP Course Suffix
UCEAP Official Title SPORTS: FOR YOU AND HONG KONG
UCEAP Transcript Title SPORTS: HONG KONG
UCEAP Quarter Units 5.00
UCEAP Semester Units 3.30

Course Description

This course examines sports in Hong Kong from personal development to the impact on society. It will first introduce different areas of sports, including medicine, the technologies involved in increasing and maintaining performance, and an overview of sports in Hong Kong. Following this, local elite athletes will share their experience in professional training and international events so that students can better understand strategies about how to tackle difficulties to reach the top of a profession and apply these principles to their own experience.

Language(s) of Instruction
English

Host Institution Course Number
CCST9062

Host Institution Course Title
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Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed
2023-2024

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