COURSE DETAIL

MODERN SOCIETY & MENTAL HEALTH
Country Korea, South
Host Institution Yonsei University
Program(s) Yonsei University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Psychology Health Sciences
UCEAP Course Number 20
UCEAP Course Suffix
UCEAP Official Title MODERN SOCIETY & MENTAL HEALTH
UCEAP Transcript Title MENTAL HEALTH
UCEAP Quarter Units 4.50
UCEAP Semester Units 3.00

Course Description

This course examines the concept of psychological health and diverse biopsychosocial factors that may be indicative of psychological distress. It looks at the integration of internal (e.g., personality) and interpersonal (e.g., conflict) factors that may contribute to our psychological and physical health. Topics include body and emotion, self-identity, family and interpersonal relationships, and academic and professional performance.

Language(s) of Instruction
Korean

Host Institution Course Number
UCL1205

Host Institution Course Title
MODERN SOCIETY & MENTAL HEALTH

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
General Education

Course Last Reviewed
2023-2024

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