

# COURSE DETAIL

## MODERN SOCIETY & MENTAL HEALTH

**Country**

Korea, South

**Host Institution**

Yonsei University

**Program(s)**

Yonsei University

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Psychology Health Sciences

**UCEAP Course Number**

20

**UCEAP Course Suffix****UCEAP Official Title**

MODERN SOCIETY & MENTAL HEALTH

**UCEAP Transcript Title**

MENTAL HEALTH

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## Course Description

This course examines the concept of psychological health and diverse biopsychosocial factors that may be indicative of psychological distress. It looks at the integration of internal (e.g., personality) and interpersonal (e.g., conflict) factors that may contribute to our psychological and physical health. Topics include body and emotion, self-identity, family and interpersonal relationships, and academic and professional performance.

## Language(s) of Instruction

Korean

## Host Institution Course Number

UCL1205

## Host Institution Course Title

MODERN SOCIETY & MENTAL HEALTH

## Host Institution Course Details

## Host Institution Campus

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

General Education

## Course Last Reviewed

2023-2024

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