COURSE DETAIL

0.30

SKATING Country Korea, South **Host Institution** Korea University Program(s) Korea University **UCEAP Course Level Lower Division UCEAP Subject Area(s) Physical Activities UCEAP Course Number** 34 **UCEAP Course Suffix UCEAP Official Title SKATING UCEAP Transcript Title SKATING UCEAP Quarter Units** 0.50 **UCEAP Semester Units**

Course Description

This course covers the history, characteristics, and rules of ice skating. It examines skating safety rules and protective equipment, training methods to improve speed and power, and basic skills of the sport (skating posture, push, gliding, recovery, weight transfer, fall, etc.).

Language(s) of Instruction

Korean

Host Institution Course Number

PHEK114,PHEK808

Host Institution Course Title

SKATING

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Physical Education

Course Last Reviewed

2024-2025

Print