## **COURSE DETAIL**

## SKATING

**Country** Korea, South

**Host Institution** Korea University

**Program(s)** Korea University

UCEAP Course Level Lower Division

UCEAP Subject Area(s) Physical Activities

**UCEAP Course Number** 34

**UCEAP Course Suffix** 

UCEAP Official Title SKATING

**UCEAP Transcript Title** SKATING

**UCEAP Quarter Units** 0.50

**UCEAP Semester Units** 0.30

## **Course Description**

This course covers the history, characteristics, and rules of ice skating. It examines skating safety rules and protective equipment, training methods to improve speed and power, and basic skills of the sport (skating posture, push, gliding, recovery, weight transfer, fall, etc.).

Language(s) of Instruction Korean

Host Institution Course Number PHEK114,PHEK808

Host Institution Course Title SKATING

**Host Institution Campus** 

**Host Institution Faculty** 

Host Institution Degree

**Host Institution Department** 

**Physical Education** 

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