## **COURSE DETAIL**

0.30

## **SKATING Country** Korea, South **Host Institution** Korea University Program(s) Korea University **UCEAP Course Level Lower Division UCEAP Subject Area(s) Physical Activities UCEAP Course Number** 34 **UCEAP Course Suffix UCEAP Official Title SKATING UCEAP Transcript Title SKATING UCEAP Quarter Units** 0.50 **UCEAP Semester Units**

## **Course Description**

This course covers the history, characteristics, and rules of ice skating. It examines skating safety rules and protective equipment, training methods to improve speed and power, and basic skills of the sport (skating posture, push, gliding, recovery, weight transfer, fall, etc.).

## Language(s) of Instruction

Korean

**Host Institution Course Number** 

PHEK114

**Host Institution Course Title** 

**SKATING** 

**Host Institution Campus** 

**Host Institution Faculty** 

**Host Institution Degree** 

**Host Institution Department** 

**Physical Education** 

**Print**