

# COURSE DETAIL

## PSYCHOLOGY OF ADULT DEVELOPMENT ACROSS CULTURES

**Country**

Italy

**Host Institution**

University of Padua

**Program(s)**

Psychology and Cognitive Science, Padua

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

160

**UCEAP Course Suffix****UCEAP Official Title**

PSYCHOLOGY OF ADULT DEVELOPMENT ACROSS CULTURES

**UCEAP Transcript Title**

PSY ADULT DEVL CLTR

**UCEAP Quarter Units**

5.00

**UCEAP Semester Units**

3.30

## **Course Description**

This course, on the psychology of adult development across cultures develops knowledge on main approaches to adult development; explores how adult development is intertwined with cultural and historical changes; identifies specific cultural differences within specific topics of adult development; reviews how to use available tools in research and practice in socially and culturally diverse contexts; discusses PAD (Positive Adult Development) psychoeducational and preventive programs in multicultural contexts; learns how to promote positive identity development across adulthood and how to plan, implement, and evaluate psychoeducational and counseling actions; and explores current trends and present new ideas for research and practice in development across adulthood. The course proposes a theoretical integration of several major streams in contemporary psychological theory about adult development. Emphasis is placed on the importance of both contextual factors and individual differences across different cultures and on preventive and empowering actions professionals may undertake to support positive adult development. Topics addressed include Adult Development: history, concepts, and frameworks; tools and research methods for addressing adult challenges and strengths; cognitive development; emotional and psychosocial development; time perspective and other resources across the life span; steps, transitions, and challenges across adulthood; the critical role of work in adult lives; and innovative and preventive actions to support adult positive development under complex conditions and times. The course requires students to have basic knowledge on developmental psychology social psychology as a prerequisite.

## **Language(s) of Instruction**

English

## **Host Institution Course Number**

PSQ0094619

## **Host Institution Course Title**

PSYCHOLOGY OF ADULT DEVELOPMENT ACROSS CULTURES

## **Host Institution Course Details**

<https://en.didattica.unipd.it/off/2023/LM/PS/PS1088/000ZZ/PSQ0094619/NO>

**Host Institution Campus**

**Host Institution Faculty**

Psychology

**Host Institution Degree**

Second Cycle Degree in Clinical Dynamic Psychology

**Host Institution Department**

**Course Last Reviewed**

2023-2024

[Print](#)