COURSE DETAIL

PSYCHOLOGY OF ADULT DEVELOPMENT ACROSS CULTURES

Country
Italy

Host Institution
University of Padua

Program(s)
Psychology and Cognitive Science, Padua

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Psychology

UCEAP Course Number
160

UCEAP Course Suffix

UCEAP Official Title
PSYCHOLOGY OF ADULT DEVELOPMENT ACROSS CULTURES

UCEAP Transcript Title
PSY ADULT DEVL CLTR

UCEAP Quarter Units
5.00

UCEAP Semester Units
3.30

Course Description

This course, on the psychology of adult development across cultures develops knowledge on main approaches to adult development; explores how adult development is intertwined with cultural and historical changes; identifies specific cultural differences within specific topics of adult development; reviews how to use available tools in research and practice in socially and culturally diverse contexts; discusses PAD (Positive Adult Development) psychoeducational and preventive programs in multicultural contexts; learns how to promote positive identity development across adulthood and how to plan, implement, and evaluate psychoeducational and counseling actions; and explores current trends and present new ideas for research and practice in development across adulthood. The course proposes a theoretical integration of several major streams in contemporary psychological theory about adult development. Emphasis is placed on the importance of both contextual factors and individual differences across different cultures and on preventive and empowering actions professionals may undertake to support positive adult development. Topics addressed include Adult Development: history, concepts, and frameworks; tools and research methods for addressing adult challenges and strengths; cognitive development; emotional and psychosocial development; time perspective and other resources across the life span; steps, transitions, and challenges across adulthood; the critical role of work in adult lives; and innovative and preventive actions to support adult positive development under complex conditions and times. The course requires students to have basic knowledge on developmental psychology social psychology as a prerequisite.

Language(s) of Instruction
English

Host Institution Course Number
PSQ0094619

Host Institution Course Title
PSYCHOLOGY OF ADULT DEVELOPMENT ACROSS CULTURES

Host Institution Course Details

https://en.didattica.unipd.it/off/2023/LM/PS/PS1088/000ZZ/PSQ0094619/N0

Host Institution Campus

Host Institution Faculty
Psychology

Host Institution Degree
Second Cycle Degree in Clinical Dynamic Psychology

Host Institution Department

Course Last Reviewed
2023-2024

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