

## COURSE DETAIL

### THE SOCIOLOGY OF FOOD AND EATING

**Country**

Denmark

**Host Institution**

University of Copenhagen

**Program(s)**

University of Copenhagen

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Sociology

**UCEAP Course Number**

155

**UCEAP Course Suffix****UCEAP Official Title**

THE SOCIOLOGY OF FOOD AND EATING

**UCEAP Transcript Title**

SOC/FOOD & EATING

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

This course introduces sociological perspectives on food and eating in everyday life, as well as key sociological concepts and theories with relevance for food and eating. It deals with topics such as the social significance of meals within the family and in institutional settings, identity and the meaning of food and meals, and food poverty. It also examines developments in meal patterns and how societal challenges such as climate change, risks, and health (including body weight management) are dealt with in ordinary food practices. Parallel to the focus on social aspects of food and eating, the course introduces theories of social practices and human action and key sociological concepts such as inequality, stigma, social class, gender, age, and social inclusions and exclusions.

### Language(s) of Instruction

English

### Host Institution Course Number

NIFK20001U

### Host Institution Course Title

THE SOCIOLOGY OF FOOD AND EATING

### Host Institution Campus

### Host Institution Faculty

Science

### Host Institution Degree

Master

### Host Institution Department

Food and Resource Economics

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