

# COURSE DETAIL

## PSYCHOLOGY: PERSONALITY- AND DEVELOPMENT PSYCHOLOGY

**Country**

Sweden

**Host Institution**

Lund University

**Program(s)**

Lund University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology Biological Sciences

**UCEAP Course Number**

160

**UCEAP Course Suffix****UCEAP Official Title**

PSYCHOLOGY: PERSONALITY- AND DEVELOPMENT PSYCHOLOGY

**UCEAP Transcript Title**

PERS & DEV PSYCH

**UCEAP Quarter Units**

24.00

**UCEAP Semester Units**

16.00

## **Course Description**

The course covers human psychological development from childhood to old age and methods used in research in development psychology. It describes theoretical perspectives on personality and related fields of application. The course consists of four modules: Child psychology, where the psychological and biological development during childhood and how this development is affected by genetic factors and different living conditions. Some of the topics addressed are self-regulation, emotional attachment, social understanding, and friendship. Furthermore, the module covers the research methods used to generate knowledge of child development. Youth psychology where the psychological and biological development during adolescence and its relation to the surrounding environment is reviewed. The ability of the teenager to face challenges and stress factors, such as increased demands for independence and personal views are included. Module 3 covers Personality psychology and the individual differences and different personality functions of adult individuals, which are viewed from different theoretical perspectives. The theories are presented together with a critical review of methods, testing, and fields of application. Lastly, the deployments during adulthood and the aging process based on theories of developmental, personality and social psychology are reviewed. Different aspects of aging are addressed, such as stress, mental and physical health, and ill health.

### **Language(s) of Instruction**

English

### **Host Institution Course Number**

PSYD62

### **Host Institution Course Title**

PSYCHOLOGY: PERSONALITY- AND DEVELOPMENT PSYCHOLOGY

### **Host Institution Campus**

Lund

### **Host Institution Faculty**

Social Sciences

**Host Institution Degree**

**Host Institution Department**

Psychology

[Print](#)