

COURSE DETAIL

PEER COUNSELING

Country

China

Host Institution

Peking University, Beijing

Program(s)

Peking University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

30

UCEAP Course Suffix**UCEAP Official Title**

PEER COUNSELING

UCEAP Transcript Title

PEER COUNSELING

UCEAP Quarter Units

3.00

UCEAP Semester Units

2.00

Course Description

In our daily life, people often tell friends, peers, family of their distress before they tell professional counselors. Peer counseling is such a special kind of psychological counseling, conducted by trained or supervised unprofessional people, providing helps having some counseling effects. In this process, through the use of active listening and problem solving skills combining knowledge about human development and mental health, peer counselors instruct their companions and provide them with psychological and emotional support In this course, the basic concept, skills and ethic of peer counseling will be introduced, as well as some practical problems such as culture, race, sexual orientation and romantic relationship. As a general course, these goals are to reach: Students can have basic knowledge of peer counseling; Some basic peer counseling skills can be mastered and used in practical situations; This course also helps student in viewing their own mental health and improving it with related knowledge.

Language(s) of Instruction

Chinese

Host Institution Course Number

61030030

Host Institution Course Title

PEER COUNSELING

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed

2023-2024

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