COURSE DETAIL

PEER COUNSELING
Country China
Host Institution Peking University, Beijing
Program(s) Peking University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 30
UCEAP Course Suffix
UCEAP Official Title PEER COUNSELING
UCEAP Transcript Title PEER COUNSELING
UCEAP Quarter Units 3.00
UCEAP Semester Units 2.00

Course Description

In our daily life, people often tell friends, peers, family of their distress before they tell professional counselors. Peer counseling is such a special kind of psychological counseling, conducted by trained or supervised unprofessional people, providing helps having some counseling effects. In this process, through the use of active listening and problem solving skills combining knowledge about human development and mental health, peer counselors instruct their companions and provide them with psychological and emotional support In this course, the basic concept, skills and ethic of peer counseling will be introduced, as well as some practical problems such as culture, race, sexual orientation and romantic relationship. As a general course, these goals are to reach: Students can have basic knowledge of peer counseling; Some basic peer counseling skills can be mastered and used in practical situations; This course also helps student in viewing their own mental health and improving it with related knowledge.

Language(s) of Instruction
Chinese

Host Institution Course Number
61030030

Host Institution Course Title
PEER COUNSELING

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed
2023-2024

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