COURSE DETAIL

HOW TO LIVE LONG AND PROSPER- A LIFESPAN APPROACH
Country Ireland
Host Institution Trinity College Dublin
Program(s) Trinity College Dublin
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Sociology Health Sciences Biological Sciences
UCEAP Course Number 154
UCEAP Course Suffix
UCEAP Official Title HOW TO LIVE LONG AND PROSPER- A LIFESPAN APPROACH
UCEAP Transcript Title LIVE LONG & PROSPER
UCEAP Quarter Units 5.00
UCEAP Semester Units 3.30

Course Description

Our increased longevity is one of the major achievements of modern humans, however this increase in lifespan does not necessarily mean an increase in health span – healthy, disease-free years. Students will explore some of the key challenges and opportunities associated with the expanding ageing population. They will use a multi-disciplinary approach (biological, clinical, societal) to explore several key questions such as: what happens the body during ageing that leaves us more susceptible to developing diseases such as cardiovascular disease, neurocognitive decline and cancer in later life? Why do some people age faster than others? How do we manage this challenge clinically? Can new models of care and novel technologies facilitate independent living in later life? What is it like for someone to get older in Ireland today? How can we ensure that everyone has the opportunity to age successfully in our society? What are the legal, ethical and economical challenges that we will face?

Language(s) of Instruction
English

Host Institution Course Number
TEU00402

Host Institution Course Title
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Host Institution Course Details
https://www.tcd.ie/trinity-electives/electives/live-long//

Host Institution Campus

Host Institution Faculty
School of Medicine

Host Institution Degree

Host Institution Department

Course Last Reviewed
2023-2024

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