

COURSE DETAIL

FOOD DIET AND HEALTH

Country

Ireland

Host Institution

University College Dublin

Program(s)

University College Dublin

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

102

UCEAP Course Suffix**UCEAP Official Title**

FOOD DIET AND HEALTH

UCEAP Transcript Title

FOOD DIET & HEALTH

UCEAP Quarter Units

5.00

UCEAP Semester Units

3.30

Course Description

This course introduces students to the principle and understanding of healthy eating guidelines and food science (with particular emphasis on the composition and manufacture of key food and beverage commodities), food safety (e.g. microbial and non-microbial contamination of foods), and nutrition-related public health issues (e.g. food choice, obesity). This course is delivered fully online. Online video lectures, with accompanying notes are released each week.

Language(s) of Instruction

English

Host Institution Course Number

FDSC10010

Host Institution Course Title

FOOD DIET AND HEALTH

Host Institution Course Details

https://hub.ucd.ie/usis/!W_HU_MENU.P_PUBLISH?p_tag=MODULE&MODULE=FDSC10010

Host Institution Campus

UC Dublin

Host Institution Faculty

Host Institution Degree

Host Institution Department

Food Science

Course Last Reviewed

2023-2024

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