COURSE DETAIL

MENTAL HEALTH AND DISTRESS
Country Singapore
Host Institution National University of Singapore
Program(s) National University of Singapore
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 115
UCEAP Course Suffix
UCEAP Official Title MENTAL HEALTH AND DISTRESS
UCEAP Transcript Title MENTAL HLTH&DISTRES
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description

This core course covers most of the common mental health problems identified for children and adults, e.g. eating disorders, behavioral problems, attention deficits, learning disabilities, schizophrenia, anxiety, stress, depression, personality disorders, sexual adjustment, substance abuse, suicide, and dementia. The lectures and discussion groups introduce clinical intervention, but emphasis is placed on the theoretical formulation of problems. Whenever possible, films and case studies are used to supplement the textbook and readings, and a visit to the local Institute of Mental Health is typically arranged.

Language(s) of Instruction
English

Host Institution Course Number
PL3106

Host Institution Course Title
MENTAL HEALTH AND DISTRESS

Host Institution Course Details
https://nusmods.com/courses/PL3106/mental-health-and-distress

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Psychology

Course Last Reviewed
2023-2024

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