

COURSE DETAIL

MENTAL HEALTH AND DISTRESS

Country

Singapore

Host Institution

National University of Singapore

Program(s)

National University of Singapore

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

115

UCEAP Course Suffix**UCEAP Official Title**

MENTAL HEALTH AND DISTRESS

UCEAP Transcript Title

MENTAL HLTH&DISTRES

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This core course covers most of the common mental health problems identified for children and adults, e.g. eating disorders, behavioral problems, attention deficits, learning disabilities, schizophrenia, anxiety, stress, depression, personality disorders, sexual adjustment, substance abuse, suicide, and dementia. The lectures and discussion groups introduce clinical intervention, but emphasis is placed on the theoretical formulation of problems. Whenever possible, films and case studies are used to supplement the textbook and readings, and a visit to the local Institute of Mental Health is typically arranged.

Language(s) of Instruction

English

Host Institution Course Number

PL3106

Host Institution Course Title

MENTAL HEALTH AND DISTRESS

Host Institution Course Details

<https://nusmods.com/courses/PL3106/mental-health-and-distress>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

Course Last Reviewed

2023-2024

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