# **COURSE DETAIL**

# **MUSIC, WELLBEING AND HEALTH**

## **Country**

Australia

### **Host Institution**

University of Queensland

## Program(s)

University of Queensland

### **UCEAP Course Level**

**Upper Division** 

## **UCEAP Subject Area(s)**

Music Health Sciences

### **UCEAP Course Number**

107

### **UCEAP Course Suffix**

#### **UCEAP Official Title**

MUSIC, WELLBEING AND HEALTH

## **UCEAP Transcript Title**

**MUSIC & HEALTH** 

# **UCEAP Quarter Units**

6.00

#### **UCEAP Semester Units**

4.00

### **Course Description**

This course examines the ways in which music contributes to well being and health. Students will learn about connections between music, well being and health through exploration of a range of practices across different cultural contexts and considering individual through to population perspectives. The well being and health affordances of music will be examined through integrated theory and research from interdisciplinary music and psychology perspectives.

# Language(s) of Instruction

**English** 

### **Host Institution Course Number**

MUSC2310

### **Host Institution Course Title**

MUSIC, WELLBEING AND HEALTH

### **Host Institution Campus**

St. Lucia

# **Host Institution Faculty**

School of Music

# **Host Institution Degree**

# **Host Institution Department**

**Print**