

## COURSE DETAIL

### MUSIC, MIND & WELLBEING

**Country**

Australia

**Host Institution**

University of Melbourne

**Program(s)**

University of Melbourne

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology Music

**UCEAP Course Number**

155

**UCEAP Course Suffix****UCEAP Official Title**

MUSIC, MIND & WELLBEING

**UCEAP Transcript Title**

MUS/MIND/WELLBEING

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

This course examines the role and purpose of music for individuals and communities, and the ways people engage with music to regulate their mood and emotions in ways that reinforce their overall wellbeing.

## Language(s) of Instruction

English

## Host Institution Course Number

MUSI20225

## Host Institution Course Title

MUSIC, MIND & WELLBEING

## Host Institution Campus

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

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