COURSE DETAIL

PUBLIC HEALTH NUTRITION: NATIONAL AND INTERNATIONAL PERSPECTIVES

Country
Denmark

Host Institution
University of Copenhagen

Program(s)
University of Copenhagen

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Health Sciences

UCEAP Course Number
106

UCEAP Course Suffix

UCEAP Official Title
PUBLIC HEALTH NUTRITION: NATIONAL AND INTERNATIONAL PERSPECTIVES

UCEAP Transcript Title
PUB HEALTH NUTRITN

UCEAP Quarter Units
6.00

UCEAP Semester Units

4.00

Course Description

This course offers an overview of relevant public health approaches to promotion of optimal health and well-being at the population level, particularly for high-risk and vulnerable sub-groups. The course addresses appropriate frameworks for planning nutritional health promotion programs and provides an overview of different policies and programs in play for the development, implementation and evaluation of public health initiatives in the area of nutrition and diets. The complexity and needs to include environmental, sustainable, and behavioral factors in the planning and conduction of interventions in public health nutrition are addressed. The course uses a problem-based learning approach with engaging real-world examples on the approach in developing nutrient supplementation programs, nutrient profile and health claim regulations, school feeding interventions and meal-on-wheels-programs, development and implementation of meaningful healthy and sustainable dietary guidelines, and evaluation and integration of such programs at national and international level.

Language(s) of Instruction
English

Host Institution Course Number
NNEK24001U

Host Institution Course Title
PUBLIC HEALTH NUTRITION: NATIONAL AND INTERNATIONAL PERSPECTIVES

Host Institution Course Details
https://kurser.ku.dk/course/nnek24001u/2024-2025

Host Institution Campus

Host Institution Faculty
Science

Host Institution Degree Master
Host Institution Department Nutrition, Exercise and Sports
Course Last Reviewed 2024-2025

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