

# COURSE DETAIL

## PHILOSOPHY OF DEPRESSION

**Country**

Germany

**Host Institution**

Free University of Berlin

**Program(s)**

Free University Berlin

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Philosophy

**UCEAP Course Number**

119

**UCEAP Course Suffix****UCEAP Official Title**

PHILOSOPHY OF DEPRESSION

**UCEAP Transcript Title**

PHIL OF DEPRESSION

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## Course Description

Depression is a painful existential situation that seems to be quite widespread in our contemporary capitalist, ultra-individualistic societies. Recent and current interrelated crises, as for example the financial crisis, the climate crisis and the threat of a global war, seem to have exacerbated the phenomenon. But what does it mean exactly to be depressed, or to live with depression? How could we better conceive of it: as mental and bodily disorder, condition, disposition, mode of experience, habit, ...? What kind of relations – to oneself, to fellow human beings, and to the world – does depression foster and is fed by? If one agrees to consider it as a pathology, is it just an individual or also a social, collective pathology? What does constitute its ‘pathological’ (i.e. ‘wrong’) character? Does depression also entail ‘positive’ aspects? This course follows various paths for developing a critical philosophy of depression, an undertaking that finds itself, in the current philosophical landscape, at its outset. Note that the preposition “of” has a double meaning: on the one hand, we will study and articulate philosophical, conceptual and also nonconceptual tools for understanding what depression is; on the other hand, we will explore the cognitive (and affective) resources that the depressive experience disclose and unleash, what their epistemological, ethical and political values can be. The seminar aims at addressing and discussing the topic by drawing upon a vast range of theoretical and literary resources, from psychoanalysis to philosophy, from sociology to literature.

### Language(s) of Instruction

English

### Host Institution Course Number

16054

### Host Institution Course Title

PHILOSOPHY OF DEPRESSION

### Host Institution Campus

### Host Institution Faculty

**Host Institution Degree**

**Host Institution Department**  
Institut für Philosophie

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