COURSE DETAIL

METACOGNITION-BASED PSYCHOTHERAPY FOR SCHIZOPHRENIA SPECTRUM DISORDERS

Country
Denmark

Host Institution
University of Copenhagen

Program(s)
University of Copenhagen

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Psychology

UCEAP Course Number
146

UCEAP Course Suffix

UCEAP Official Title
METACOGNITION-BASED PSYCHOTHERAPY FOR SCHIZOPHRENIA SPECTRUM DISORDERS

UCEAP Transcript Title
METACOGN PSYCHTHRPY

UCEAP Quarter Units
6.00

UCEAP Semester Units
4.00

Course Description

This course focuses on a research-based approach to promoting personal recovery and meaning making among individuals diagnosed with schizophrenia disorders. It studies a metacognition-based approach to the treatment of schizophrenia and discusses the unique dilemmas, challenges, and opportunities in the treatment of those diagnosed with schizophrenia. The first part of the course focuses on the theoretical and clinical definition of metacognition. It trains the coding of open interviews of clients with severe mental illness using the metacognition assessment scale developed by Paul Lysaker. The second part focuses on psychotherapy with schizophrenia spectrum disorders. It studies the values and the core elements of metacognition reflection and insight therapy. Subsequently, it analyzes case material and practices therapeutic interventions based on the metacognitive approach. In the third part of the course, students choose an issue in the field of psychotherapy with clients diagnosed with schizophrenia spectrum disorders and present the issue in the class. The presentations include an integration between theory, qualitative, and quantitative studies and other relevant sources such as an interview conducted with a professional or an individual who was diagnosed with a severe disorder or media materials that enrich the subject.

Language(s) of Instruction
English

Host Institution Course Number
APSB21765U

Host Institution Course Title
METACOGNITION BASED PSYCHOTHERAPY FOR SCHIZOPHRENIA SPECTRUM DISORDERS

Host Institution Course Details
https://kurser.ku.dk/course/apsb21765u/2024-2025

Host Institution Campus
Host Institution Faculty Social Sciences
Host Institution Degree Bachelor
Host Institution Department Psychology
Course Last Reviewed 2024-2025

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