COURSE DETAIL

HISTORY OF FOOD HABITS
Country Italy
Host Institution University of Bologna
Program(s) University of Bologna
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Italian History
UCEAP Course Number 163
UCEAP Course Suffix
UCEAP Official Title HISTORY OF FOOD HABITS
UCEAP Transcript Title HIST FOOD HABITS
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description

This course covers the essential lines of food history in an economic, social, and cultural perspective, based on reading documentary, narrative, literary, and scientific sources, by way of examples of document interpretation and an introduction to proper historical work. The course introduces the use of original documents, narratives, and literary and scientific sources as starting points for historical research. The course provides the general outlines of food history and food cultures, with special emphasis on Italian and European history between the Middle Ages and the Modern Age. Its 15 lectures are structured in such a way that each includes a theoretical part and an analytical part discussing sources relevant to the topic covered in part 1. Topics include: the birth of Food History as a discipline, methodology, birth, and evolution of dietetic science in the West, food in Antiquity and Middle Ages, food in Europe, food production and land management, city supply and markets, eating behaviors, food and social identities, birth of written cookbooks, dissemination of European gastronomic cultures, the Colombian Exchange, Italian identity in the kitchen, and history and myth.

Language(s) of Instruction
Italian

Host Institution Course Number
13467

Host Institution Course Title
STORIA DELL'ALIMENTAZIONE

Host Institution Course Details
https://www.unibo.it/it/didattica/insegnamenti/insegnamento/2023/339311

Host Institution Campus
BOLOGNA

Host Institution Faculty

Host Institution Degree

L in HISTORY

Host Institution Department
HISTORY AND CULTURES

Course Last Reviewed
2023-2024

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