

## COURSE DETAIL

### HISTORY OF FOOD HABITS

**Country**

Italy

**Host Institution**

University of Bologna

**Program(s)**

University of Bologna

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Italian History

**UCEAP Course Number**

163

**UCEAP Course Suffix****UCEAP Official Title**

HISTORY OF FOOD HABITS

**UCEAP Transcript Title**

HIST FOOD HABITS

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00



## Course Description

This course covers the essential lines of food history in an economic, social, and cultural perspective, based on reading documentary, narrative, literary, and scientific sources, by way of examples of document interpretation and an introduction to proper historical work. The course introduces the use of original documents, narratives, and literary and scientific sources as starting points for historical research. The course provides the general outlines of food history and food cultures, with special emphasis on Italian and European history between the Middle Ages and the Modern Age. Its 15 lectures are structured in such a way that each includes a theoretical part and an analytical part discussing sources relevant to the topic covered in part 1. Topics include: the birth of Food History as a discipline, methodology, birth, and evolution of dietetic science in the West, food in Antiquity and Middle Ages, food in Europe, food production and land management, city supply and markets, eating behaviors, food and social identities, birth of written cookbooks, dissemination of European gastronomic cultures, the Colombian Exchange, Italian identity in the kitchen, and history and myth.

### Language(s) of Instruction

Italian

### Host Institution Course Number

13467

### Host Institution Course Title

HISTORY OF FOOD HABITS

### Host Institution Campus

BOLOGNA

### Host Institution Faculty

### Host Institution Degree

L in HISTORY

### Host Institution Department



## HISTORY AND CULTURES

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