COURSE DETAIL

FOOD, NUTRITION, AND CULTURE
Country Germany
Host Institution CIEE, Berlin
Program(s) The Berlin Experience
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Health Sciences Anthropology
UCEAP Course Number 113
UCEAP Course Suffix
UCEAP Official Title FOOD, NUTRITION, AND CULTURE
UCEAP Transcript Title FOOD NUTRTN&CULTURE
UCEAP Quarter Units 4.50
UCEAP Semester Units 3.00

Course Description

People eat in order to survive. Eating patterns also tell a story of personal preferences, socio-economic status, and cultural or ethnic background. In this class, students will gain insight into the historical background of several culinary traditions in Germany, their role in modern-day multi-ethnic German society, and contemporary issues related to food consumption and sustainability in food supply. Topics such as obesity, eating disorders, food allergies, food regulation, and the rise of the "gluten-free" trend place the themes in a public health framework.

Language(s) of Instruction
English

Host Institution Course Number
FSCI 3001

Host Institution Course Title
FOOD, NUTRITION, AND CULTURE

Host Institution Course Details
https://ciee.file.force.com/sfc/dist/version/download/?oid=00Di0000000ddow&ids=...

Host Institution Campus
CIEE Berlin

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed
2024-2025

Print