

COURSE DETAIL

FOOD, NUTRITION, AND CULTURE

Country

Germany

Host Institution

CIEE, Berlin

Program(s)

The Berlin Experience

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences Anthropology

UCEAP Course Number

113

UCEAP Course Suffix**UCEAP Official Title**

FOOD, NUTRITION, AND CULTURE

UCEAP Transcript Title

FOOD NUTRTN&CULTURE

UCEAP Quarter Units

4.50

UCEAP Semester Units

3.00

Course Description

People eat in order to survive. Eating patterns also tell a story of personal preferences, socio-economic status, and cultural or ethnic background. In this class, students will gain insight into the historical background of several culinary traditions in Germany, their role in modern-day multi-ethnic German society, and contemporary issues related to food consumption and sustainability in food supply. Topics such as obesity, eating disorders, food allergies, food regulation, and the rise of the "gluten-free" trend place the themes in a public health framework.

Language(s) of Instruction

English

Host Institution Course Number

FSCI 3001

Host Institution Course Title

FOOD, NUTRITION, AND CULTURE

Host Institution Campus

CIEE Berlin

Host Institution Faculty

Host Institution Degree

Host Institution Department

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