

# COURSE DETAIL

## HAPPINESS AND PHILOSOPHY

**Country**

Australia

**Host Institution**

University of New South Wales

**Program(s)**

University of New South Wales

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Philosophy

**UCEAP Course Number**

128

**UCEAP Course Suffix****UCEAP Official Title**

HAPPINESS AND PHILOSOPHY

**UCEAP Transcript Title**

HAPPINESS AND PHIL

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

This course examines the history of philosophy across several traditions, as well as contemporary research, to explore questions such as, what is the relationship between happiness and pleasure? Is happiness an emotion, a mental state, a social construct, or an objective condition? How is well-being/happiness pursued across different cultures, including Australian Indigenous cultures? And what does happiness have to do, if anything, with the philosophical idea of a well-lived life? This course doesn't promise to make you happy, but it will certainly help you to clarify your thinking about happiness and the meaning(s) of life.

### Language(s) of Instruction

English

### Host Institution Course Number

ARTS2105

### Host Institution Course Title

HAPPINESS AND PHILOSOPHY

### Host Institution Course Details

<https://handbook.unsw.edu.au/undergraduate/courses/2025/ARTS2105>

### Host Institution Campus

### Host Institution Faculty

### Host Institution Degree

### Host Institution Department

### Course Last Reviewed

2024-2025

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