# **COURSE DETAIL**

### **FREE CLIMBING**

#### Country

Japan

Host Institution International Christian University

**Program(s)** International Christian University

UCEAP Course Level Lower Division

UCEAP Subject Area(s) Physical Activities

UCEAP Course Number 26

**UCEAP Course Suffix** 

UCEAP Official Title FREE CLIMBING

UCEAP Transcript Title FREE CLIMBING

**UCEAP Quarter Units** 0.50

**UCEAP Semester Units** 0.30

## **Course Description**

This course addresses fundamental skills for enjoying climbing safely while focusing on challenging oneself; observing and learning from others, and enjoying oneself with friends. The course teaches what climbing is along with bouldering and rope climbing.

## Language(s) of Instruction

Host Institution Course Number HPE016

Host Institution Course Title FREE CLIMBING

Host Institution Campus International Christian University

**Host Institution Faculty** 

Host Institution Degree

Host Institution Department Health and Physical Education

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