

# COURSE DETAIL

## FREE CLIMBING

**Country**

Japan

**Host Institution**

International Christian University

**Program(s)**

International Christian University

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Physical Activities

**UCEAP Course Number**

26

**UCEAP Course Suffix****UCEAP Official Title**

FREE CLIMBING

**UCEAP Transcript Title**

FREE CLIMBING

**UCEAP Quarter Units**

0.50

**UCEAP Semester Units**

0.30

## Course Description

This course addresses fundamental skills for enjoying climbing safely while focusing on challenging oneself; observing and learning from others, and enjoying oneself with friends. The course teaches what climbing is along with bouldering and rope climbing.

## Language(s) of Instruction

## Host Institution Course Number

HPE016

## Host Institution Course Title

BEGINNING SELF TESTING ACTIVITIES FREE CLIMBING

## Host Institution Course Details

<https://campus.icu.ac.jp/public/ehandbook/PreviewSyllabus.aspx?regno=20470&year...>

## Host Institution Campus

International Christian University

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Health and Physical Education

## Course Last Reviewed

2024-2025

[Print](#)