COURSE DETAIL

PSYCHOLOGY AND CLIMATE CHANGE
Country Sweden
Host Institution Lund University
Program(s) Lund University
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology Environmental Studies Biological Sciences
UCEAP Course Number 127
UCEAP Course Suffix
UCEAP Official Title PSYCHOLOGY AND CLIMATE CHANGE
UCEAP Transcript Title PSYCH CLIMATE CHNGE
UCEAP Quarter Units 12.00
UCEAP Semester Units 8.00

Course Description

The course takes an interdisciplinary perspective and approach and is jointly conducted by the Department of Psychology and the Lund University Centre for Sustainability Studies (LUCSUS). It is aimed at those who wish to learn about the complex linkages between psychology, climate change, and sustainability, and apply them in their respective fields of work or study. Explore the ways our changing climate affect individuals and groups, including climate distress and its consequences, the psychological and behavioral factors that can drive the climate crises, and the theories and practices that can support skillful action across individual, collective and system levels. The course draws upon research from several fields, such as evolutionary, cognitive, social, industrial/organizational, and clinical psychology, behavioral economics, and sustainability science. The course includes experiential learning and practices drawing from evidence-based psychological methods (e.g., journaling, listening and communication exercises, values reflections), contemplative methods such as meditations and mindfulness, and nature explorations. The course is taught in English and includes both on-site and online education.

Language(s) of Instruction
English

Host Institution Course Number
PSYE50

Host Institution Course Title
PSYCHOLOGY AND CLIMATE CHANGE

Host Institution Course Details
https://www.lunduniversity.lu.se/lubas/i-uoh-lu-PSYE50

Host Institution Campus
Lund

Host Institution Faculty
Social Sciences

Host Institution Degree
Host Institution Department Pyschology
Course Last Reviewed 2024-2025

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