

# COURSE DETAIL

## PSYCHOLOGY AND CLIMATE CHANGE

**Country**

Sweden

**Host Institution**

Lund University

**Program(s)**

Lund University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology Environmental Studies Biological Sciences

**UCEAP Course Number**

127

**UCEAP Course Suffix****UCEAP Official Title**

PSYCHOLOGY AND CLIMATE CHANGE

**UCEAP Transcript Title**

PSYCH CLIMATE CHNGE

**UCEAP Quarter Units**

12.00

**UCEAP Semester Units**

8.00

## Course Description

The course takes an interdisciplinary perspective and approach and is jointly conducted by the Department of Psychology and the Lund University Centre for Sustainability Studies (LUCSUS). It is aimed at those who wish to learn about the complex linkages between psychology, climate change, and sustainability, and apply them in their respective fields of work or study. Explore the ways our changing climate affect individuals and groups, including climate distress and its consequences, the psychological and behavioral factors that can drive the climate crises, and the theories and practices that can support skillful action across individual, collective and system levels. The course draws upon research from several fields, such as evolutionary, cognitive, social, industrial/organizational, and clinical psychology, behavioral economics, and sustainability science. The course includes experiential learning and practices drawing from evidence-based psychological methods (e.g., journaling, listening and communication exercises, values reflections), contemplative methods such as meditations and mindfulness, and nature explorations. The course is taught in English and includes both on-site and online education.

## Language(s) of Instruction

English

## Host Institution Course Number

PSYE50

## Host Institution Course Title

PSYCHOLOGY AND CLIMATE CHANGE

## Host Institution Course Details

<https://www.lunduniversity.lu.se/lubas/i-uoh-lu-PSYE50>

## Host Institution Campus

Lund

## Host Institution Faculty

Social Sciences

**Host Institution Degree**

**Host Institution Department**

Psychology

**Course Last Reviewed**

2024-2025

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