

## COURSE DETAIL

### MENTAL HEALTH SCIENCES AND SOCIETY

**Country**

Hong Kong

**Host Institution**

University of Hong Kong

**Program(s)**

University of Hong Kong

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology Health Sciences

**UCEAP Course Number**

122

**UCEAP Course Suffix****UCEAP Official Title**

MENTAL HEALTH SCIENCES AND SOCIETY

**UCEAP Transcript Title**

MENTAL HEALTH & SOC

**UCEAP Quarter Units**

5.00

**UCEAP Semester Units**

3.30

## Course Description

This course brings together cutting-edge knowledge and discussions on mental health from diverse but related disciplines of philosophy, psychology, psychiatry, epidemiology, and social and healthcare services administration, both in the unique local context and in the international mental health scene. The course introduces the critical examination of theories and practices in mental health with real-world examples. Throughout the course, students explore concept illustrated by case studies, including two complex syndromes affecting youth (i.e. psychotic disorders) and elderly (i.e. dementia), as well as other common mental health conditions such as depression, anxiety and developmental disorders (e.g. autism spectrum disorder) where appropriate. Using the conventional disease/medical model as a starting point, students learn about mental health in the broader context of biological, psychological, social and cultural factors that operate in combination to affect mental health outcomes at individual and population levels.

## Language(s) of Instruction

English

## Host Institution Course Number

SOWK3091

## Host Institution Course Title

MENTAL HEALTH SCIENCES AND SOCIETY

## Host Institution Campus

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Social Work and Social Administration

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