

COURSE DETAIL

HEALTH PSYCHOLOGY

Country

Taiwan

Host Institution

National Taiwan University

Program(s)

National Taiwan University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

123

UCEAP Course Suffix**UCEAP Official Title**

HEALTH PSYCHOLOGY

UCEAP Transcript Title

HEALTH PSYCHOLOGY

UCEAP Quarter Units

3.00

UCEAP Semester Units

2.00

Course Description

The course introduces the rapid growing field of health psychology, which could be defined as an interdisciplinary field concerned with the application of psychological knowledge and techniques to health, illness and health care. The primary purpose of health psychology is to understand and improve the well-being of individuals and communities. A better understanding of psychosocial factors and behaviors associated with health outcomes would inform strategies or policies aimed to promote health, prevent illness, and enhance the quality of health care by facilitating changes in beliefs and behaviors about health.

Language(s) of Instruction

English

Host Institution Course Number

HBCS5001

Host Institution Course Title

HEALTH PSYCHOLOGY

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

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