COURSE DETAIL

NUTRITION
Country Taiwan
Host Institution National Taiwan University
Program(s) National Taiwan University
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Health Sciences
UCEAP Course Number 119
UCEAP Course Suffix
UCEAP Official Title NUTRITION
UCEAP Transcript Title NUTRITION
UCEAP Quarter Units 3.00
UCEAP Semester Units 2.00

Course Description

This course introduces the physiological characteristics, nutritional requirements, and common nutritional issues at various stages of life. It covers dietary guidelines, the Dietary Reference Intakes (DRIs) for the population, and findings from national nutrition surveys. Additionally, the basic principles of dietary planning are covered to provide a comprehensive understanding of nutrition across the lifespan.

Language(s) of Instruction
English

Host Institution Course Number
BFN5003

Host Institution Course Title
NUTRITION IN LIFE SPAN

Host Institution Course Details
https://nol.ntu.edu.tw/nol/coursesearch/print_table.php?course_id=615%20U0090&c...

Host Institution Campus

Host Institution Faculty
College of Bioresources and Agriculture

Host Institution Degree

Host Institution Department
Department of Animal Science and Technology

Course Last Reviewed
2024-2025

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