

COURSE DETAIL

NUTRITION

Country

Taiwan

Host Institution

National Taiwan University

Program(s)

National Taiwan University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

119

UCEAP Course Suffix**UCEAP Official Title**

NUTRITION

UCEAP Transcript Title

NUTRITION

UCEAP Quarter Units

3.00

UCEAP Semester Units

2.00

Course Description

This course introduces the physiological characteristics, nutritional requirements, and common nutritional issues at various stages of life. It covers dietary guidelines, the Dietary Reference Intakes (DRIs) for the population, and findings from national nutrition surveys. Additionally, the basic principles of dietary planning are covered to provide a comprehensive understanding of nutrition across the lifespan.

Language(s) of Instruction

English

Host Institution Course Number

BFN5003

Host Institution Course Title

NUTRITION

Host Institution Campus

Host Institution Faculty

College of Bioresources and Agriculture

Host Institution Degree

Host Institution Department

Department of Animal Science and Technology

[Print](#)