COURSE DETAIL

CLINICAL PERSPECTIVES ON ANXIETY, MOOD AND STRESS
Country Australia
Host Institution University of New South Wales
Program(s) University of New South Wales
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 24
UCEAP Course Suffix
UCEAP Official Title CLINICAL PERSPECTIVES ON ANXIETY, MOOD AND STRESS
UCEAP Transcript Title ANXIETY/MOOD/STRESS
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description

This course provides a comprehensive overview of emotions research, how this produces feelings of stress and how these concepts relate to some of the most common mental disorders - depression and anxiety disorders. Students will learn about psychology as a science and how psychological research is performed (including animal and human studies). Throughout the course we will examine how the findings from this research informs the clinical description of disorders and the treatment of anxiety, stress and low mood.

Language(s) of Instruction
English

Host Institution Course Number
PSYC1024

Host Institution Course Title
CLINICAL PERSPECTIVES ON ANXIETY, MOOD AND STRESS

Host Institution Course Details

Host Institution Campus

Host Institution Faculty
School of Psychology

Host Institution Degree

Host Institution Department

Course Last Reviewed
2024-2025

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