COURSE DETAIL

HUMAN DIETS IN THE PAST: EXPLORING THE RELATIONSHIP OF PEOPLE WITH FOOD THROUGH TIME

Country
Denmark

Host Institution
Aarhus University

Program(s)
Aarhus University

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Archaeology Anthropology

UCEAP Course Number
110

UCEAP Course Suffix

UCEAP Official Title
HUMAN DIETS IN THE PAST: EXPLORING THE RELATIONSHIP OF PEOPLE WITH FOOD THROUGH TIME

UCEAP Transcript Title
HUMAN DIETS IN PAST

UCEAP Quarter Units
8.00

UCEAP Semester Units
5.30

Course Description

This course focuses on past diets, adopting archaeological, ethnographic, historical, literary, linguistic, anthropological, and heritage studies perspectives. It discusses what diet did we evolve to eat, how technological development changed our dietary habits, what role food played in past cultures, how food-related decisions affected societies, what effects food globalization had on traditional diets, when subsistence activities started impacting environments, and what is human food and the omnivore's dilemma. Teaching introduces how we study food consumption in the past. The core of the course overviews the prehistory and history of foodstuffs and diets, as well as the issues arising from them. The concluding sessions focus on ongoing debates on food and diet, conducted in the light of the interdisciplinary approaches adopted in the course and through an understanding of dietary history.

Language(s) of Instruction
English

Host Institution Course Number
114241U001

Host Institution Course Title
HUMAN DIETS IN THE PAST: EXPLORING THE RELATIONSHIP OF PEOPLE WITH FOOD THROUGH TIME

Host Institution Course Details
https://kursuskatalog.au.dk/en/course/127997/Human-diets-in-the-past-Exploring-…

Host Institution Campus

Host Institution Faculty
Arts

Host Institution Degree
Bachelor

Host Institution Department
Department of Culture and Society

Course Last Reviewed
2024-2025

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