COURSE DETAIL

FOOD, NUTRITION, AND CULTURE
Country Czech Republic
Host Institution CIEE, Prague
Program(s) Central European Studies
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Health Sciences Anthropology
UCEAP Course Number 113
UCEAP Course Suffix
UCEAP Official Title FOOD, NUTRITION, AND CULTURE
UCEAP Transcript Title FOOD NUTRTN&CULTURE
UCEAP Quarter Units 4.50
UCEAP Semester Units 3.00

Course Description

The Czech Republic is known for its rich cultural heritage, and its cuisine is an integral part of its identity. This course examines the historical, cultural, and social influences that have shaped Czech cuisine, and how this cuisine reflects the country’s culture and values. In addition to exploring the traditional Czech cuisine, its ingredients, and the methods used in preparing them, the course analyzes their nutritional value and impact on the overall health of the population, looks into recent food and consumption trends, food marketing, tourism, and sustainability. Throughout the course, students engage in critical thinking and analysis, as well as hands-on activities such as food preparation and field trips.

Language(s) of Instruction
English

Host Institution Course Number
FSCI 3101 PRCZ

Host Institution Course Title
FOOD, NUTRITION, AND CULTURE

Host Institution Course Details

Host Institution Campus
CIEE Prague

Host Institution Faculty

Host Institution Degree

Host Institution Department
Agriculture

Course Last Reviewed
2024-2025

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