

COURSE DETAIL

FOOD, NUTRITION, AND CULTURE

Country

Czech Republic

Host Institution

CIEE, Prague

Program(s)

Central European Studies

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences Anthropology

UCEAP Course Number

113

UCEAP Course Suffix**UCEAP Official Title**

FOOD, NUTRITION, AND CULTURE

UCEAP Transcript Title

FOOD NUTRTN&CULTURE

UCEAP Quarter Units

4.50

UCEAP Semester Units

3.00

Course Description

The Czech Republic is known for its rich cultural heritage, and its cuisine is an integral part of its identity. This course examines the historical, cultural, and social influences that have shaped Czech cuisine, and how this cuisine reflects the country's culture and values. In addition to exploring the traditional Czech cuisine, its ingredients, and the methods used in preparing them, the course analyzes their nutritional value and impact on the overall health of the population, looks into recent food and consumption trends, food marketing, tourism, and sustainability. Throughout the course, students engage in critical thinking and analysis, as well as hands-on activities such as food preparation and field trips.

Language(s) of Instruction

English

Host Institution Course Number

FSCI 3101 PRCZ

Host Institution Course Title

FOOD, NUTRITION, AND CULTURE

Host Institution Campus

CIEE Prague

Host Institution Faculty

Host Institution Degree

Host Institution Department

Agriculture

[Print](#)