

## COURSE DETAIL

### FOOD, NUTRITION, AND CULTURE

**Country**

Czech Republic

**Host Institution**

CIEE, Prague

**Program(s)**

Central European Studies

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Health Sciences Anthropology

**UCEAP Course Number**

113

**UCEAP Course Suffix****UCEAP Official Title**

FOOD, NUTRITION, AND CULTURE

**UCEAP Transcript Title**

FOOD NUTRTN&CULTURE

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## Course Description

The Czech Republic is known for its rich cultural heritage, and its cuisine is an integral part of its identity. This course examines the historical, cultural, and social influences that have shaped Czech cuisine, and how this cuisine reflects the country's culture and values. In addition to exploring the traditional Czech cuisine, its ingredients, and the methods used in preparing them, the course analyzes their nutritional value and impact on the overall health of the population, looks into recent food and consumption trends, food marketing, tourism, and sustainability. Throughout the course, students engage in critical thinking and analysis, as well as hands-on activities such as food preparation and field trips.

## Language(s) of Instruction

English

## Host Institution Course Number

FSCI 3101 PRCZ

## Host Institution Course Title

FOOD, NUTRITION, AND CULTURE

## Host Institution Course Details

## Host Institution Campus

CIEE Prague

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Agriculture

## Course Last Reviewed

2024-2025

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