

## COURSE DETAIL

### THEORY AND CLINIMETRIC ASSESSMENT OF MENTAL HEALTH

**Country**

Italy

**Host Institution**

University of Bologna

**Program(s)**

University of Bologna

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

157

**UCEAP Course Suffix****UCEAP Official Title**

THEORY AND CLINIMETRIC ASSESSMENT OF MENTAL HEALTH

**UCEAP Transcript Title**

THRY&ASMNT MNTL HLT

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## **Course Description**

This course is part of the Laurea Magistrale degree program and is intended for advanced level students. Enrolment is by permission of the instructor.

The course content includes:

- 1)** From health-related quality of life to dimensions of psychological well-being: the conceptual framework and their process of assessment in clinical psychology.
- 2)** The unifying concept of euthymia and its psychological evaluation.
- 3)** The science of clinimetrics and clinimetric criteria for Patient-Reported Outcome Measures (PROMs).
- 4)** Clinimetric approach to the definition and clinical assessment of psychological distress.
- 5)** The experience of psychological suffering: the concept of mental pain and its clinimetric evaluation.
- 6)** The concept of demoralization and its detection based on clinimetric criteria.
- 7)** The Hamilton Rating Scales and the clinical assessment of depression.
- 8)** Somatization, illness denial and the clinimetric domain of psychosomatics.
- 9)** The clinimetric domain of clinical pharmacopsychology.

By the end of the course, students know the theoretical paradigms of mental health as a multidimensional construct and are able to use the appropriate rating scales for a comprehensive assessment of mental health according to clinimetric criteria.

## **Language(s) of Instruction**

English

**Host Institution Course Number**

B6421

**Host Institution Course Title**

THEORY AND CLINIMETRIC ASSESSMENT OF MENTAL HEALTH

**Host Institution Campus**

BOLOGNA

**Host Institution Faculty****Host Institution Degree**

LM in PSYCHOLOGY OF WELLBEING AND SOCIAL INCLUSIVITY

**Host Institution Department**

PSYCHOLOGY

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