

COURSE DETAIL

SPORT PSYCHOLOGY AND IDENTITY

Country

Denmark

Host Institution

University of Copenhagen

Program(s)

University of Copenhagen

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology Physical Education

UCEAP Course Number

125

UCEAP Course Suffix**UCEAP Official Title**

SPORT PSYCHOLOGY AND IDENTITY

UCEAP Transcript Title

SPORT PSYC&IDENTITY

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course provides an introduction to sport and exercise psychology and associated psychological theories and methods. Theories relate to various contexts, including elite sport, sport and exercise at the broader community level, and sport and healthy lifestyle.

Language(s) of Instruction

English

Host Institution Course Number

NNEB20000U

Host Institution Course Title

SPORT PSYCHOLOGY AND IDENTITY

Host Institution Course Details

<https://kurser.ku.dk/course/nneb20000u/2024-2025>

Host Institution Campus

Host Institution Faculty

Science

Host Institution Degree

Bachelor

Host Institution Department

Nutrition, Exercise and Sports

Course Last Reviewed

2024-2025

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