COURSE DETAIL

SPORT PSYCHOLOGY AND IDENTITY
Country Denmark
Host Institution University of Copenhagen
Program(s) University of Copenhagen
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology Physical Education
UCEAP Course Number 125
UCEAP Course Suffix
UCEAP Official Title SPORT PSYCHOLOGY AND IDENTITY
UCEAP Transcript Title SPORT PSYC&IDENTITY
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description

This course provides an introduction to sport and exercise psychology and associated psychological theories and methods. Theories relate to various contexts, including elite sport, sport and exercise at the broader community level, and sport and healthy lifestyle.

Language(s) of Instruction
English

Host Institution Course Number
NNEB20000U

Host Institution Course Title
SPORT PSYCHOLOGY AND IDENTITY

Host Institution Course Details
https://kurser.ku.dk/course/nneb20000u/2024-2025

Host Institution Campus

Host Institution Faculty
Science

Host Institution Degree
Bachelor

Host Institution Department
Nutrition, Exercise and Sports

Course Last Reviewed
2024-2025

Print