COURSE DETAIL

WORKPLACE WELLBEING
Country Ireland
Host Institution Trinity College Dublin
Program(s) Trinity College Dublin
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 168
UCEAP Course Suffix
UCEAP Official Title WORKPLACE WELLBEING
UCEAP Transcript Title WORKPLACE WELLBEING
UCEAP Quarter Units 5.00
UCEAP Semester Units 3.30

Course Description

This course introduces students to organizational psychology and wellbeing (brief history). It provides a definition and understanding of models and constructs of wellbeing. The course stresses the importance of workplace wellbeing for both the organization and the individual employee, a psychological perspective.

Other topics that are included in this course are: Organizational process and procedures that enhance wellbeing are covered in this course, Leadership styles and wellbeing, Vertical and horizontal organizational communication and its impact on wellbeing, theoretical overlap of Social psychology and organizational psychology in wellbeing theory, Organizational culture and wellbeing, Social norms within the organizational culture that enhance wellbeing, Individual psychology and wellbeing, and Measurements of employee wellbeing

Language(s) of Instruction
English

Host Institution Course Number
PSU34820

Host Institution Course Title
WORKPLACE WELLBEING

Host Institution Course Details
https://www.tcd.ie/media/tcd/psychology/PSU34820-Workplace-Wellbeing.pdf

Host Institution Campus

Host Institution Faculty
School of Psychology

Host Institution Degree

Host Institution Department

Course Last Reviewed
2024-2025

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