

COURSE DETAIL

WORKPLACE WELLBEING

Country

Ireland

Host Institution

Trinity College Dublin

Program(s)

Trinity College Dublin

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

168

UCEAP Course Suffix**UCEAP Official Title**

WORKPLACE WELLBEING

UCEAP Transcript Title

WORKPLACE WELLBEING

UCEAP Quarter Units

5.00

UCEAP Semester Units

3.30

Course Description

This course introduces students to organizational psychology and wellbeing (brief history). It provides a definition and understanding of models and constructs of wellbeing. The course stresses the importance of workplace wellbeing for both the organization and the individual employee, a psychological perspective.

Other topics that are included in this course are: Organizational process and procedures that enhance wellbeing are covered in this course, Leadership styles and wellbeing, Vertical and horizontal organizational communication and its impact on wellbeing, theoretical overlap of Social psychology and organizational psychology in wellbeing theory, Organizational culture and wellbeing, Social norms within the organizational culture that enhance wellbeing, Individual psychology and wellbeing, and Measurements of employee wellbeing

Language(s) of Instruction

English

Host Institution Course Number

PSU34820

Host Institution Course Title

WORKPLACE WELLBEING

Host Institution Course Details

<https://www.tcd.ie/media/tcd/psychology/PSU34820-Workplace-Wellbeing.pdf>

Host Institution Campus

Host Institution Faculty

School of Psychology

Host Institution Degree

Host Institution Department

Course Last Reviewed

2024-2025

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