COURSE DETAIL

MENTAL DISORDER AND PSYCHOLOGICAL TREATMENT

Country
United Kingdom - England

Host Institution
University College London

Program(s)
Summer at University College London

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Psychology Health Sciences

UCEAP Course Number
131

UCEAP Course Suffix
S

UCEAP Official Title
MENTAL DISORDER AND PSYCHOLOGICAL TREATMENT

UCEAP Transcript Title
MENTAL DISORDER

UCEAP Quarter Units
6.00

UCEAP Semester Units

4.00

Course Description

Mental disorders, such as depression and schizophrenia, are prevalent across the globe, significantly impacting individuals and communities. This course explores both the understanding of mental disorders and the psychological treatments used to address them. The first half of the course introduces students to the clinical presentation, etiology, and diagnostic frameworks of various mental disorders, and these disorders are examined through multiple perspectives, including developmental, sociocultural, neurobiological, and psychodynamic approaches. The second half of the course explores a range of psychological treatments, including Cognitive Behavioral Therapy (CBT), Psychodynamic Therapy, Humanistic Therapy, and other therapeutic approaches, focusing on their application to specific mental health conditions. Importantly, this course involves research methods in psychology, mental health, and psychotherapy.

Language(s) of Instruction
English

Host Institution Course Number
ISSU0138

Host Institution Course Title
MENTAL DISORDER AND PSYCHOLOGICAL TREATMENT

Host Institution Course Details
https://www.ucl.ac.uk/prospective-students/summer-school/sites/prospective_stud…

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Division of Psychiatry

Course Last Reviewed
2025-2026

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