

COURSE DETAIL

EDUCATION, HEALTH, AND SPORTS: CONDITIONING CAPABILITIES

Country

Chile

Host Institution

Pontifical Catholic University of Chile

Program(s)

Pontifical Catholic University of Chile, University of Chile

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Education

UCEAP Course Number

117

UCEAP Course Suffix**UCEAP Official Title**

EDUCATION, HEALTH, AND SPORTS: CONDITIONING CAPABILITIES

UCEAP Transcript Title

EDUC/HEALTH&SPORTS

UCEAP Quarter Units

5.00

UCEAP Semester Units

3.30

Course Description

This course offers theoretical and applied practices to understand the concepts of sports and physical activities. It explores specific factors of athletic development such as strength, speed, endurance, and flexibility. This course also covers evaluation, methodology, and interaction in sports development processes.

Language(s) of Instruction

Spanish

Host Institution Course Number

EDU375F

Host Institution Course Title

EDUCATION, HEALTH, AND SPORTS: CONDITIONING CAPABILITIES

Host Institution Campus

Campus San Joaquín

Host Institution Faculty**Host Institution Degree****Host Institution Department**

Facultad de Educación

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