

## COURSE DETAIL

### MARTIAL ART OF SELF-DEFENSE

**Country**

Korea, South

**Host Institution**

Korea University

**Program(s)**

Korea University

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Physical Education

**UCEAP Course Number**

11

**UCEAP Course Suffix****UCEAP Official Title**

MARTIAL ART OF SELF-DEFENSE

**UCEAP Transcript Title**

MARTL ART SELF-DEFN

**UCEAP Quarter Units**

0.50

**UCEAP Semester Units**

0.30

## Course Description

In this course students acquire the ability to safely protect and defend their bodies from various unexpected dangers, as well as develop cognitive abilities to prevent dangers in advance. Students will be able to effectively respond by integrating self-defense techniques and knowledge of coping strategies in various physical threat situations.

### Language(s) of Instruction

Korean

### Host Institution Course Number

PHEK801

### Host Institution Course Title

MARTIAL ART OF SELF-DEFENSE

### Host Institution Course Details

### Host Institution Campus

### Host Institution Faculty

### Host Institution Degree

### Host Institution Department

### Course Last Reviewed

2024-2025

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