

COURSE DETAIL

MARTIAL ART OF SELF-DEFENSE

Country

Korea, South

Host Institution

Korea University

Program(s)

Korea University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Physical Education

UCEAP Course Number

11

UCEAP Course Suffix

UCEAP Official Title

MARTIAL ART OF SELF-DEFENSE

UCEAP Transcript Title

MARTL ART SELF-DEFN

UCEAP Quarter Units

0.50

UCEAP Semester Units

0.30

Course Description

In this course students acquire the ability to safely protect and defend their bodies from various unexpected dangers, as well as develop cognitive abilities to prevent dangers in advance. Students will be able to effectively respond by integrating self-defense techniques and knowledge of coping strategies in various physical threat situations.

Language(s) of Instruction

Korean

Host Institution Course Number

PHEK801

Host Institution Course Title

MARTIAL ART OF SELF-DEFENSE

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed

2024-2025

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