COURSE DETAIL

MARTIAL ART OF SELF-DEFENSE
Country Korea, South
Host Institution Korea University
Program(s) Korea University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Physical Education
UCEAP Course Number 11
UCEAP Course Suffix
UCEAP Official Title MARTIAL ART OF SELF-DEFENSE
UCEAP Transcript Title MARTL ART SELF-DEFN
UCEAP Quarter Units 0.50
UCEAP Semester Units 0.30

Course Description

In this course students acquire the ability to safely protect and defend their bodies from various unexpected dangers, as well as develop cognitive abilities to prevent dangers in advance. Students will be able to effectively respond by integrating self-defense techniques and knowledge of coping strategies in various physical threat situations.

Language(s) of Instruction
Korean

Host Institution Course Number
PHEK801

Host Institution Course Title
MARTIAL ART OF SELF-DEFENSE

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed
2024-2025

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