

COURSE DETAIL

FLYING DISC

Country

Japan

Host Institution

International Christian University

Program(s)

International Christian University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Physical Activities

UCEAP Course Number

13

UCEAP Course Suffix**UCEAP Official Title**

FLYING DISC

UCEAP Transcript Title

FLYING DISC

UCEAP Quarter Units

0.50

UCEAP Semester Units

0.30

Course Description

This course illustrates mastery of disc throwing techniques as a foundation for enjoying flying disc as a lifelong sport. The course also covers the rules of Ultimate, including self-officiation, to cultivate a spirit of fair play.

Language(s) of Instruction

Japanese

Host Institution Course Number

HPE010

Host Institution Course Title

TEAM SPORTS I: ULTIMATE FLYING DISC

Host Institution Campus

International Christian University

Host Institution Faculty

Host Institution Degree

Host Institution Department

Health and Physical Education

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