# **COURSE DETAIL**

0.30

# **FLYING DISC Country** Japan **Host Institution** International Christian University Program(s) International Christian University **UCEAP Course Level** Lower Division **UCEAP Subject Area(s) Physical Activities UCEAP Course Number** 13 **UCEAP Course Suffix UCEAP Official Title FLYING DISC UCEAP Transcript Title FLYING DISC UCEAP Quarter Units** 0.50 **UCEAP Semester Units**

## **Course Description**

This course illustrates mastery of disc throwing techniques as a foundation for enjoying flying disc as a lifelong sport. The course also covers the rules of Ultimate, including self-officiation, to cultivate a spirit of fair play.

## Language(s) of Instruction

Japanese

#### **Host Institution Course Number**

HPE010

#### **Host Institution Course Title**

**FLYING DISC** 

## **Host Institution Campus**

International Christian University

## **Host Institution Faculty**

**Host Institution Degree** 

## **Host Institution Department**

Health and Physical Education

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