

# COURSE DETAIL

## ABNORMAL PSYCHOLOGY

### Country

Korea, South

### Host Institution

Seoul National University

### Program(s)

Seoul National University

### UCEAP Course Level

Lower Division

### UCEAP Subject Area(s)

Psychology

### UCEAP Course Number

38

### UCEAP Course Suffix

### UCEAP Official Title

ABNORMAL PSYCHOLOGY

### UCEAP Transcript Title

ABNORMAL PSYCHOLOGY

### UCEAP Quarter Units

4.50

### UCEAP Semester Units

3.00

## **Course Description**

This course surveys various abnormal behaviors and mental disorders. The first part of the course introduces the major psychological theories (Psychodynamic Theory, Learning Theory, Cognitive-Behavioral Theory) as well as the biological and socio-cultural theories which explain the phenomena, causes, and treatment of abnormal behaviors and mental disorders.

In the second part, various phenomena and classification systems of mental disorders are presented. The focus is on psychological causes of various types of mental disorders: disorders related to anxiety, mood, and personality, somatoform disorders, dissociative disorders, schizophrenia, sex-related disorders, eating disorders, sleep disorders, alcoholism, mental disorders in childhood or adolescence.

In addition, the course covers the proper treatments for mental disorders as well as how to improve mental health in general.

### **Language(s) of Instruction**

Korean

### **Host Institution Course Number**

207.209 001

### **Host Institution Course Title**

ABNORMAL PSYCHOLOGY

### **Host Institution Course Details**

### **Host Institution Campus**

### **Host Institution Faculty**

### **Host Institution Degree**

### **Host Institution Department**

**Course Last Reviewed**

2024-2025

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