

# COURSE DETAIL

## READING MINDS: LITERATURE AND PYSCHOLOGY

**Country**

New Zealand

**Host Institution**

University of Otago

**Program(s)**

University of Otago

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Comparative Literature

**UCEAP Course Number**

153

**UCEAP Course Suffix****UCEAP Official Title**

READING MINDS: LITERATURE AND PYSCHOLOGY

**UCEAP Transcript Title**

LITERATURE & PSYCH

**UCEAP Quarter Units**

7.00

**UCEAP Semester Units**

4.70

## Course Description

This course examines the psychological dimensions of prominent literary texts and looks at the complex relationship between literature and psychology from a broad range of perspectives. Students will read a range of literary texts with a view to understanding—both analytically and empathetically—problems and adaptations, focusing particularly on trauma in its various manifestations. Further, instead of simply considering the resulting post-traumatic "pathologies" the property of individuals, the course adopts a psychosocial lens to emphasise the broader social dimensions underpinning maladaptive psychological formations, as well as their (frequently unconscious) transgenerational transmission. It concludes with a reflection on the little or big "madnesses" that may lie hidden within the very fabric of what is considered to be "sane" and "normal" in Western society.

## Language(s) of Instruction

English

## Host Institution Course Number

ENGL353

## Host Institution Course Title

READING MINDS: LITERATURE AND PSYCHOLOGY

## Host Institution Course Details

<https://www.otago.ac.nz/courses/papers?papercode=ENGL353>

## Host Institution Campus

Dunedin

## Host Institution Faculty

Humanities

## Host Institution Degree

## Host Institution Department

**Course Last Reviewed**

2025-2026

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