

COURSE DETAIL

COACHING IN SPORT AND HEALTH

Country

Denmark

Host Institution

University of Copenhagen

Program(s)

University of Copenhagen

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Physical Education

UCEAP Course Number

107

UCEAP Course Suffix**UCEAP Official Title**

COACHING IN SPORT AND HEALTH

UCEAP Transcript Title

COACHING/SPORT&HLTH

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course provides an overview of foundational coaching theories, evidence-based practices, and the evolution of coaching psychology. It focuses on current issues, ethical considerations, cultural competency, and practical coaching strategies. The course offers an exploration of future trends and innovations to prepare students for emerging challenges and effective, sustainable coaching outcomes.

Language(s) of Instruction

English

Host Institution Course Number

NNEK25001U

Host Institution Course Title

COACHING IN SPORT AND HEALTH

Host Institution Course Details

<https://kurser.ku.dk/course/nnek25001u/2025-2026>

Host Institution Campus

Host Institution Faculty

Science

Host Institution Degree

Master

Host Institution Department

Nutrition, Exercise and Sports

Course Last Reviewed

2025-2026

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