

COURSE DETAIL

PSYCHOLOGY OF EVERYDAY LIFE

Country

Ireland

Host Institution

University College Dublin

Program(s)

University College Dublin

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

170

UCEAP Course Suffix**UCEAP Official Title**

PSYCHOLOGY OF EVERYDAY LIFE

UCEAP Transcript Title

PSYCH EVERYDAY LIFE

UCEAP Quarter Units

5.00

UCEAP Semester Units

3.30

Course Description

This course introduces various ways in which psychology can contribute to understanding and improving facets of everyday life. The course critically reviews theory and research and their applications to a variety of life domains. Students are encouraged to develop critical thinking skills in considering the relevance of evidence-based psychology for specific areas of everyday life. Lectures are delivered by staff and guest speakers, who present material from their own areas of expertise. The specific topics covered vary by year, but examples of previous topics include: psychological wellbeing; child & adolescent mental health; disability & society; group relations; humanitarian emergencies; media & entertainment; law & crime.

Language(s) of Instruction

English

Host Institution Course Number

PSY20200

Host Institution Course Title

PSYCHOLOGY OF EVERYDAY LIFE

Host Institution Course Details

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Host Institution Campus

Host Institution Faculty

Psychology

Host Institution Degree

Host Institution Department

Course Last Reviewed

2025-2026

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