COURSE DETAIL

PSYCHOLOGY OF ADOLESCENCE AND EMERGING ADULTHOOD
Country Korea, South
Host Institution Seoul National University
Program(s) Seoul National University
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 151
UCEAP Course Suffix
UCEAP Official Title PSYCHOLOGY OF ADOLESCENCE AND EMERGING ADULTHOOD
UCEAP Transcript Title PSYC OF ADOLESCENCE
UCEAP Quarter Units 4.50
UCEAP Semester Units 3.00

Course Description

The course provides an interdisciplinary overview of the developmental science of adolescence and emerging adulthood. The course highlights contemporary theories of adolescent development and emerging adulthood by drawing on neurobiological, psychological, and sociological perspectives of adolescence. The course also critically examines major developmental issues of adolescence, including peer influences, health risk behaviors, stress and mental health problems, learning and achievement, and the development of purpose and identity, and more. Across topics, students will have the opportunities to learn about important empirical and theoretical literatures, and explore novel insights for parenting, youth policy, and theory-driven educational interventions to address pressing developmental issues that characterize the transition from childhood to adolescence and emerging adulthood.

This course is structured into two parts: Part 1 – Lecture and Seminar (1.5 hours) and Part 2 – Discussion and Team-Based Practicum (1.5 hours). In the lecture and seminar sessions, we examine key developmental issues characteristic of adolescence and emerging adulthood through critical analysis of textbook chapters alongside supplementary materials. Starting from Week 3, students engage in practical, inquiry-based learning activities such as team discussions, data analysis, research design, and the development of empirical research proposals, using topic-relevant scholarly papers and empirical datasets.

Prerequisites: Introduction to Psychology, Statistics and Research Methods in Psychology or equivalent course.

Language(s) of Instruction
Korean

Host Institution Course Number
M1308.003200 001

Host Institution Course Title
PSYCHOLOGY OF ADOLESCENCE AND EMERGING ADULTHOOD

Host Institution Course Details https://sugang.snu.ac.kr
Host Institution Campus
Host Institution Faculty
Host Institution Degree
Host Institution Department
Course Last Reviewed 2025-2026

Print